

CPD
Approved

THE CHINESE MEDICAL INSTITUTE AND REGISTER



in collaboration with

BEIJING UNIVERSITY OF CHINESE MEDICINE



2012-2014

POSTGRADUATE
DIPLOMA COURSE

CHINESE MEDICINE AND ACUPUNCTURE

FOR DOCTORS



Sponsored by  **AcuMedic**

WELCOME

Dear Colleague,

Thank you for your interest in our Postgraduate Diploma Course in Chinese Medicine and Syndrome Acupuncture!

Modern life is more stressful and complex than ever before, and this technocratic age requires a new lifestyle philosophy to care for both our mental and physical well-being. Patients frequently seek out alternative and complementary therapies, while medical professionals are beginning to give lifestyle advice along with medical treatment.

Chinese medicine is a unique medical system which has continuously evolved over the past five thousand years. Over the course of its history, it has adopted and refined the knowledge and techniques of many other medical systems. Indeed, Chinese medicine as we know it today is a



combination of traditional Chinese medicine and modern Chinese medicine, and so encompasses the best knowledge and practices of both systems of medicine. It has accumulated a deep sense of wisdom in the art of healing, an art which involves both the cultivation of a healthy lifestyle (yangsheng, 养生) and the treatment of diseases based on holistic patterns, or syndrome differentiation (bianzheng, 辨证). Chinese medicine sees patients as individual, unique cases and incorporates internal physical, emotional, and psychological aspects with external factors, such as environment and lifestyle, to treat the underlying causes of all their symptoms. In many cases, Chinese medicine and Western medicine can be used successfully and safely together.



The Chinese Medical Institute and Register (CMIR) was founded in 2004 by the AcuMedic Foundation and the Beijing University of Chinese Medicine. A member of the China Medical Council, it is dedicated to the modernisation of Chinese medicine and its proper integration into conventional mainstream medical practice. It is one of the leading educational and professional organisations in the UK for promoting clinical excellence in Chinese medicine and acupuncture and has established several postgraduate programmes in the UK in conjunction with leading Chinese universities, in order to fully educate and qualify practitioners in Chinese medicine and syndrome acupuncture.

The Diploma in Chinese Medicine and Acupuncture is an opportunity for you to study and really engage with this truly unique system of medicine on a part time basis. The diploma aims to provide healthcare professionals with the skills they need to administer acupuncture and Chinese healthcare therapy as a complementary treatment for their patients. It also demonstrates how an integrative approach when diagnosing and treating patients can often lead to a more successful outcome than looking at a condition exclusively from a Western or Chinese medicine point of view. Upon completion of the course, you will become an accredited member of the Chinese Medical Institute and Register.

CMIR courses are regarded as high quality interactive training programs, both in theoretical information and clinical practice, and are unrivalled in the West. The teaching is conducted at the AcuMedic Centre in London by top professors from the Beijing University of Chinese Medicine, all of whom have extensive knowledge of both Chinese and Western medicine and many years' experience in their chosen fields. The diploma progresses from foundation level modules through to intermediate and advanced level modules, to give students a complete education in all key areas of Chinese medicine and acupuncture, from diagnostic techniques, pain syndromes and dermatology, to electro-acupuncture, gynaecology and herbal medicine. Each module also includes in-depth clinical tuition, small group practical sessions and patient case studies.



This information pack will explain everything you need to know about the Diploma of Chinese Medicine and Acupuncture, including course dates, the syllabus and how to apply for the diploma. If, however, you find there's something we haven't covered, please don't hesitate to contact the Course Administrator.

We look forward to hearing from you soon!

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COURSE DATES

FOUNDATION MODULES

F1 2012	Acupuncture I	10 March 2012
F2 2012	Acupuncture II	11 March 2012
F3 2012	Chinese Medical Theories I	24 March 2012
F4 2012	Chinese Medical Theories II	25 March 2012
F1 2012	Acupuncture I	26 May 2012
F2 2012	Acupuncture II	27 May 2012
F3 2012	Chinese Medical Theories I	16 June 2012
F4 2012	Chinese Medical Theories II	17 June 2012
F1 2012	Acupuncture I	1 September 2012
F2 2012	Acupuncture II	2 September 2012
F3 2012	Chinese Medical Theories I	15 September 2012
F4 2012	Chinese Medical Theories II	16 September 2012

INTERMEDIATE MODULES

I1 2012	Electro-Acupuncture, TENS and Laser Therapy	29 September 2012
I2 2012	Ear Acupuncture and Auriculotherapy	30 September 2012
I3 2012	Chinese Diagnostics I	3 November 2012
I4 2012	Chinese Diagnostics II	4 November 2012
I5 2012	Syndrome Differentiation I	2 February 2013
I6 2012	Syndrome Differentiation II	3 February 2013
I7 2012	Pain Syndromes	2 March 2013
I8 2012	Musculoskeletal Disorders	3 March 2013
I9 2012	Chinese Gynaecology I	6 April 2013
I10 2012	Chinese Gynaecology II	7 April 2013
I11 2012	Chinese Dermatology I	11 May 2013
I12 2012	Chinese Dermatology II	12 May 2013

ADVANCED MODULES

A1 2012	Acupuncture I	31 August 2013
A2 2012	Acupuncture II	1 September 2013
A3 2012	Acupuncture III	28 September 2013
A4 2012	Acupuncture IV	29 September 2013
A5 2012	Chinese Herbal Medicine I	2 November 2013
A6 2012	Chinese Herbal Medicine II	3 November 2013
A7 2012	Chinese Herbal Medicine III	30 November 2013
A8 2012	Chinese Herbal Medicine IV	1 December 2013
A9 2012	Summary Lectures I	1 March 2014
A10 2012	Summary Lectures II	2 March 2014
A11 2012	Exam Preparation I	10 May 2014
A12 2012	Exam Preparation II	11 May 2014

CLINICAL TUITION

C1 2012	Clinical Tuition I - Point Location	25 January 2014
C2 2012	Clinical Tuition II - Needling Techniques	26 January 2014
C3 2012	Clinical Tuition III - Diagnostic Techniques	29 March 2014
C4 2012	Clinical Tuition IV - Syndrome Differentiation Treatment	30 March 2014

TEACHING STRUCTURE

The Diploma of Chinese Medicine and Syndrome Acupuncture is a two year, part time course. Modules are held on weekends. On average, students must attend one weekend every four weeks, for a total of 18 weekends, including the exam.

Students must complete the foundation level modules before moving on to the intermediate, advanced and clinical tuition modules. Each module also counts as six CPD credits.

On completion of the full course, students must sit the final examination. This consists of two parts. Part I is a written assessment of basic concepts and theories of Chinese medicine and acupuncture. Part II is a clinical examination to assess practical skills and techniques of applying Chinese herbal medicine and acupuncture.

Once students have successfully completed the final examination, they will become fully accredited members of the Chinese Medical Institute and Register.

Students who complete the foundation modules of this diploma course only are eligible to become associate members of the Chinese Medical Institute and Register.

COURSE SYLLABUS

FOUNDATION MODULES

F1 2012 Syndrome Acupuncture I

Meridians and modern research
Medical applications and effect of acupuncture
Classification and therapeutic properties of acupoints
Method of locating acupoints
Commonly used acupoints
Introduction to ear acupuncture and moxibustion

F2 2012 Syndrome Acupuncture II

Commonly used acupoints
Modern techniques in acupuncture
Principles of selecting acupoints
Common diseases and cases I & II

F3 2012 Chinese Medical Theories I

Comparative study of Western medicine with Chinese medicine
Classical theories of Chinese medicine
Principle theoretical foundation of Chinese medicine I & II
Principle pathology and methodology of Chinese medicine and acupuncture I

F4 2012 Chinese Medical Theories II

Principle pathology and methodology of Chinese medicine and acupuncture II
The four diagnostic methods
Syndrome differentiation
Application of syndrome acupuncture and Chinese medicine
Introduction to Chinese herbal medicine and acupuncture equipment

INTERMEDIATE MODULES

I1 2012 Electro-Acupuncture, TENS and Laser Therapy

Modern acupuncture techniques
Electro-acupuncture and clinical applications
Laser acupuncture
TENS: Electrode placement and operation

I2 2012 Ear Acupuncture and Auriculotherapy

Ear acupuncture
Scalp acupuncture
Plum blossom needling

I3/4 2012 Chinese Diagnostics I & II

Diagnostic rationale and methodology
Observing diagnosis
Listening diagnosis
Questioning diagnosis
Palpating diagnosis

I5/6 Syndrome Differentiation I & II

Syndrome differentiation
Disease differentiation
Principle methods for syndrome differentiation
Procedure in syndrome differentiation

I7 2012 Pain Syndromes

Pathology of pain syndrome
Classification and identification of the syndrome types
Treatment principle and methodology
Disease discussion

I8 2012 Musculoskeletal Disorders

Relationship to the internal organs and meridians
Pathogenicity and pathology
Principle and methods of treatment
Disease discussion

COURSE SYLLABUS

I9/10 2012 Chinese Gynaecology I & II

Diagnostic and treatment principles
Physiology and pathology
Dysmenorrhoea and amenorrhoea
Menopausal syndrome
Forum discussion

I11/12 2012 Chinese Dermatology I & II

Dermatology physiology
Dermatopathology
Syndrome differentiation
Internal and external treatment
Disease discussion

ADVANCED MODULES

A1/2 2012 Advanced Acupuncture I & II

One hundred commonly used points on fourteen meridians
Five Shu points
Back Shu points
Yuan and Lu points
Eight Influential points
Lower He-Sea points

A3/4 2012 Advanced Acupuncture III & IV

Review and advanced study of the Chinese techniques of needle insertion
Review and advanced study of the Chinese methods of needle manipulation
Special techniques and application of Chinese acupuncture
Scalp acupuncture
Plum-blossom needling
Moxibustion
Cupping
Precautions and contraindications in acupuncture treatment
Management of possible accidents

A5/6 2012 Chinese Herbal Medicine I & II

Herbal properties
Herbal flavours
Meridian tropism of herbs
Principle rational of herb combination
Principle of composing a formula
Classification of commonly used Chinese herbs
Classification of commonly used Chinese herbal formulae
Types of formulations

A7/8 2012 Chinese Herbal Medicine III & IV

Herbal formulae for: influenza and the common cold
hay fever
hepatitis
dysentery
bronchitis
bronchial asthma
pulmonary and coronary heart disease
arrhythmia,
hypertension
edema
numbness of limbs

A9/10 2012 Summary Lectures I & II

Syndrome revision
Summary of treatment principles
Disease studies
Chinese medicine - overview discussion
Revision of TCM formulae

A11/12 2012 Exam preparation I & II

Exam procedure and discussion
Four diagnostic methods
Acupuncture revision
Techniques in needling manipulation
Clinical demonstration
Mock written and clinical exam

CLINICAL TUITION

C1/2 2012 Clinical Tuition I & II

Important acupuncture points for practise
Acupuncture point location and revision of the meridians
Ear acupuncture and electro-acupuncture applications
Discussion on needling techniques, selecting acupoints and safety issues
Chinese herbal medicine prescriptions and formulations
Discussion of clinical exam issues

C3/4 2012 Clinical Tuition III & IV

Patient case study
Class discussion on patient case studies
Patient case study practical
Revision of meridians and important acupoints

APPLICATION INFORMATION

ENTRY REQUIREMENTS

Candidates must be qualified medical doctors, who are current, accredited, registered members of the General Medical Council or equivalent overseas association.

No knowledge or experience of Chinese medicine is required for this diploma course.

TERM DATES

Foundation modules are held throughout 2012, with intermediate modules beginning in September. Please see the 'Course Dates' section for more detailed information.

The final examination will be held in July 2014.

COURSE ATTENDANCE

Students must attend at least 30 modules out of a total of 34 modules. Any students who do not attend for at least 30 modules will not be allowed to sit the final exam.

Students who are unable to attend specific modules should discuss how they will catch up the missed material with the Course Administrator. At least 24 hours notice must be given if students are unable to attend a module.

REQUIREMENTS FOR ACCREDITATION

Students must complete at least 2,800 study credits out of a total of 3,040 study credits. These study credits can be made up by:

- Attending modules (80 credits per module, for a total of 2,400 credits)
- Attending clinical tuition (80 credits per module, for a total of 320 credits)
- Completing 20 case studies (10 credits per case study, for a total of 200 credits)
- Completing 24 study assessments (5 credits per assessment, for a total of 120 credits)

At least 2,400 of these credits must be made from attending modules and clinical tuition in order to sit the examination.

Once students have successfully passed the examination, they may become fully accredited members of the Chinese Medical Institute and Register.

FEES

Each module costs £180 (including VAT). This includes extensive course notes, needles, patient case studies, practical sessions, refreshments. The total cost of the diploma course is £6,120. There are three payment options available for students.

Firstly, students may pay by direct debit. Students will be charged £360 on the Saturday of each weekend they attend.

Secondly, students may pay by instalments. Students who pay by instalments are eligible for a 10% discount, reducing the total cost of the diploma course to £5,508.

Thirdly, students may pay the total cost of the diploma course in full at the beginning of the course. Students who pay in full are eligible for a 20% discount, reducing the total cost of the diploma course to £4,896.

Upon completing the advanced modules, students must also pay a £300 examination fee. No discounts may be applied to the examination fee.

If students are unable to attend a module, they may buy the course notes. Course notes cost £50 per module.

CANCELLATIONS AND REFUNDS

Cancellations for refunds will only be accepted if received in writing 20 working days prior to the start of the diploma course. A 5% administration fee will be charged. Refunds can not be given for cancellations made less than 20 working days prior to the start of the diploma course.

Should students not be able to attend a module, they must inform the Course Department by telephone or email at least 24 hours before the module date. Payment for the module they are unable to attend will be transferred to another module. If 24 hours notice is not given, the student will be charged for the whole cost of the module.

COURSE CHANGES

Course modules are subject to change and availability. The AcuMedic Foundation will endeavour to give students as much advanced notice of any changes as possible. The AcuMedic Foundation reserves the right of explanation.

APPLICATION PROCEDURE

To apply for one of the postgraduate diploma courses, please complete the attached application form for a postgraduate diploma course. Applications for diploma courses beginning this year must be submitted and reach the Courses Department no later than one month before the course starts.

Candidates must provide copies of their qualifications with their application form. **Please do not send original diplomas or certificates.** Candidates who do not satisfy all the entry criteria for their chosen course may be requested to come for an interview to assess their knowledge of Chinese medicine and acupuncture.

For more information on the diploma course, please contact the Course Administrator.

APPLICATION FOR ADMISSION TO A POSTGRADUATE DIPLOMA COURSE

PERSONAL DETAILS

Surname _____

Forename(s) _____ Title _____

Date of Birth _____ Sex Male Female

Residency status British citizen EU/EEA citizen
 UK permanent resident Non-EU citizen

Permanent address _____

Postcode _____ Country _____

Telephone _____ Email _____

Correspondence address _____

Postcode _____ Country _____

Telephone _____ Email _____

Please give the dates for which this address is valid _____

Please state that you are a Registered Doctor GMC Number _____

Please give details _____

PROGRAMME DETAILS

Programme Diploma of Chinese Medicine and Acupuncture Start Date _____

FINANCE

Please state how you will pay the full expenses of your course Monthly direct debit Instalments (to be arranged) In full

Please note that no student may begin a programme until an appropriate payment arrangement has been agreed with the Course Administrator

PREVIOUS EDUCATION AND EXPERIENCE

Please give details of your educational background _____

Please state which professional organisation(s) you belong to _____

COMPLETION AND SUBMISSION OF APPLICATION

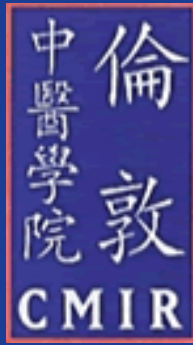
- I hereby submit my application for admission to the above postgraduate programme
- I certify that the statements made by me on this form are correct
- I acknowledge that failure to disclose my true academic records, the deliberate provision of misleading information, or failure to pay my tuition fees could lead to the revocation of my admission to the programme

Signature of applicant _____ Date _____

When completed, please return this form with:

- Photocopies of academic qualifications
- Photocopies of any academic transcripts (if required)
- Two passport photos

Please send your completed application to: Courses Department, The AcuMedic Foundation, 101-105 Camden High Street, London, NW1 7JN



Chinese Medical Institute and Register

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