

Herbs for stopping bleeding

止

Herbs for cooling the Blood and stopping bleeding 325

- Da Ji* (Herba seu Radix Cirsii Japonici) 325
Xiao Ji (Herba Cephalanoploris seu Cirsii) 326
Di Yu (Radix Sanguisorbae Officinalis) 327
Ce Bai Ye (Cacumen Biotae Orientalis) 328
Huai Hua (Flos Sophorae Japonicae) 329
Bai Mao Gen (Rhizoma Imperatae Cylindrica) 331
Zhu Ma Gen (Radix Boehmeriae Nivcae) 332

血

药

Herbs for transforming stasis and stopping bleeding 333

- San Qi* (Radix Notoginseng) 333
Qian Cao Gen (Radix Rubiae Cordifoliae) 334
Pu Huang (Pollen Typhae) 336
Hua Rui Shi (Ophicalcitum) 337
Jiang Xiang (Lignum Dalbergiae Odoriferae) 338

Herbs for promoting contraction and stopping bleeding 340

- Bai Ji* (Rhizoma Bletillae Striatae) 340
Xian He Cao (Herba Agrimoniae Pilosae) 341
Zi Zhu (Folium Callicarpae) 343
Zong Lü Tan (Fibra Carbonisata Trachycarpi Stipulae) 343
Ou Jie (Nodus Nelumbinis Nuciferae Rhizomatis) 344

Herbs for warming the channels and stopping bleeding 346

- Pao Jiang* (Rhizoma Zingiberis Officinalis Praeparata) 346
Ai Ye (Folium Artemisiae Argyi) 347
Zao Xin Tu (Terra Flava Usta) 348

curtail desertion in accordance with the principle of 'supplement Qi when the Blood is exhausted'.

The following precautions should be borne in mind when applying herbs for stopping bleeding:

- a. herbs with strong contraction-promoting properties should not be used in the initial stage of bleeding patterns, as this will result in Blood stasis;
- b. herbs of a cold nature for stopping bleeding may cause Blood stasis and Qi stagnation; in cases of bleeding due to the frenetic movement of hot Blood with obvious Blood stasis, these herbs must not be used in a single, large dosage in the initial stage of the condition.

Tab. 11.1 Herbs for cooling the Blood and stopping bleeding

Herb	Functions	Indications
<i>Da Ji</i> (Herba seu Radix <i>Cirsii Japonici</i>)	Cooling the Blood and stopping bleeding, quickening the Blood and dispersing swelling	Vomiting of blood, coughing of blood and nosebleed due to the frenetic movement of hot Blood; uterine bleeding, blood Lin syndrome, sores
<i>Xiao Ji</i> (Herba <i>Cephalanoploris</i> seu <i>Cirsii</i>)	Cooling the Blood and stopping bleeding, relieving toxicity, dissipating stasis and dispersing abscesses	Bleeding patterns due to the frenetic movement of hot Blood, such as coughing of blood, vomiting of blood, nosebleed, blood in the urine and profuse uterine bleeding; abscesses and sores
<i>Di Yu</i> (Radix <i>Sanguisorbae Officinalis</i>)	Cooling the Blood and stopping bleeding, relieving toxicity and draining fire to close sores	Bleeding patterns due to Blood-heat in the Lower Jiao, such as blood in the urine, blood in the stool, haemorrhoids, uterine bleeding and bloody dysentery; eczema, abscesses, sores, burns and scalds
<i>Ce Bai Ye</i> (Cacumen <i>Biotae Orientalis</i>)	Cooling the Blood and stopping bleeding, dispelling Phlegm and stopping coughing	Various bleeding patterns, especially for bleeding due to the frenetic movement of hot Blood; also coughing and wheezing with sputum
<i>Huai Hua</i> (Flos <i>Sophorae Japonicae</i>)	Cooling the Blood and stopping bleeding, clearing Liver-fire	All types of bleeding patterns due to Blood-heat (particularly nosebleed, blood in the stool, haemorrhoidal bleeding and profuse uterine bleeding), headache, dizziness and full-pattern hypertension
<i>Bai Mao Gen</i> (Rhizoma <i>Imperatae Cylindrica</i>)	Cooling the Blood and stopping bleeding, clearing heat and promoting urination	Coughing of blood, nosebleed, vomiting of blood and blood in the urine due to the frenetic movement of hot Blood; blood Lin syndrome, heat Lin syndrome, inhibited urination, oedema, jaundice